



**DON'T
FORGET**

Links to helpful websites

RECOMMENDED RESOURCES

Information on Alzheimer's disease and dementia, current treatments, and local resources.

Download & Keep

**Courtesy of
QK Consulting**

RECOMMENDED RESOURCES

01



National Institute on Aging

Useful Websites

For easy to read blurbs on recent cognitive aging findings

<https://www.nia.nih.gov/health/cognitive-health>

For free fact sheets and booklets on aging

<https://order.nia.nih.gov/>

For information on Alzheimer's disease and related dementias:

<https://www.nia.nih.gov/health/alzheimers>

For information on caregiving

<https://www.nia.nih.gov/health/caregiving>

02



Memory Evaluation Centers

Comprehensive Assessment

Centers that provide comprehensive evaluations for memory and cognitive impairment:

NYU Pearl I. Barlow Center for Memory Evaluation and Treatment

<https://nyulangone.org/locations/pearl-i-barlow-center-for-memory-evaluation-treatment>

Mayo Clinic, multiple locations

<https://www.mayo.edu/research/centers-programs/alzheimer's-disease-research-center/patient-care/clinical-services>

Northwestern Medicine Neurobehavior and Memory Clinic

<https://www.nm.org/conditions-and-care-areas/neurosciences/neurobehavior-and-memory-clinic>

Stanford/VA Alzheimer's Center

<http://www.med.stanford.edu/svalz.html.html>

03



Alzheimer's Association

Helpful Articles

For easy to read information on Alzheimer's disease and dementia treatments and resources

<https://alz.org/>

04



Gerontological Society of America

Interesting Podcast

For podcasts on current findings in aging

<https://www.geron.org/programs-services/gsa-on-aging-podcast-series>

05



Alzheimer's Disease Research Centers

Comprehensive Assessment

For information on how to participate in Alzheimer's disease research studies:

<https://www.nia.nih.gov/health/alzheimers-disease-research-centers>